



**JOHNS HOPKINS**  
M E D I C I N E

JOHNS HOPKINS  
ALL CHILDREN'S HOSPITAL



## Polk County 2025 Swim Lesson Facilities

<i><b>Name and Contact Information</b></i>	<i><b>Type of Lessons Taught</b></i>	<i><b>Costs for Group Lessons</b></i>	<i><b>Membership Required?</b></i>
<b>City of Bartow</b> <b>Sam Griner Pool</b> 2250 S Floral Ave, Bartow 33830 863-534-0210 <a href="mailto:parks.info@cityofbartow.net">parks.info@cityofbartow.net</a>	<b>Pool closed for 2024</b>	<b>Pool closed for 2025</b>	<b>Pool closed for 2024</b>
<b>City of Haines City</b> <b>Janet J. Smith Aquatic Center</b> 1900 N 10 <sup>th</sup> Street Haines City, 33844 863-421-3700 <a href="http://hainescity.com/179/Swim-Lessons">http://hainescity.com/179/Swim-Lessons</a>	American Red Cross <u>Ages</u> 6 months to 14 years Beginner through advanced Classes are May – September <b>Special Needs Lessons Offered?: No</b>	M-Th 2 week sessions \$40 per session 30 min classes	No
<b>City of Haines City</b> <b>Lake Eva Aquatics Center</b> 555 Ledwith Ave Haines City, 33844 863-421-3700 <a href="http://hainescity.com/179/Swim-Lessons">http://hainescity.com/179/Swim-Lessons</a>	American Red Cross <u>Ages</u> 6 months to 14 years Beginner through advanced Classes are May – September <b>Special Needs Lessons Offered?: No</b>	M-Th 2 week sessions \$40 per session 30 min classes	No
<b>City of Lakeland</b> <b>Gandy Pool</b> 404 Imperial Blvd, Lakeland 33803 863-834-3157 <a href="https://www.lakelandgov.net/parkrec/what-to-do/play/aquatics">https://www.lakelandgov.net/parkrec/what-to-do/play/aquatics</a>	American Red Cross <u>Ages</u> Youth and Adult lessons offered <b>Special Needs Lessons Offered?: No</b>	<b>Youth lessons</b> (M-Th 2 week sessions): 5:30 pm – 6:00 pm <b>Adult lessons</b> (Saturdays only): 9:00 am – 9:45 am \$50 per session	No
<b>City of Lakeland</b> <b>Simpson Park Pool</b> 1725 Martin Luther King Ave. Lakeland, 33810 863-834-2286 <a href="https://www.lakelandgov.net/parkrec/what-to-do/play/aquatics">https://www.lakelandgov.net/parkrec/what-to-do/play/aquatics</a>	American Red Cross <u>Ages</u> Youth and Adult lessons offered <b>Special Needs Lessons Offered?: No</b>	<b>Youth lessons</b> (M-Th 2 week sessions): 5:30 pm – 6:00 pm <b>Adult lessons</b> (Saturdays only): 9:00 am – 9:45 am \$50 per session	No

<b>City of Winter Haven Rowdy Gaines Pool</b> 210 Cypress Gardens Blvd, Winter Haven 33880 863-291-5656 <a href="http://www.mywinterhaven.com/aquatics">http://www.mywinterhaven.com/aquatics</a>	American Red Cross <u>Ages</u> 6 months - Adult Beginner through advanced <b>Special Needs Lessons Offered?: Yes</b>	Morning and evening sessions, M-F for 2 weeks \$35 Resident of Winter Haven \$44 Non-resident of Winter Haven	No
<b>City of Winter Haven Winter Haven Rec and Cultural Center (WHRCC)</b> 801 Avenue T NE, Winter Haven 863-291-5675 <a href="http://www.mywinterhaven.com/whrcc.htm">http://www.mywinterhaven.com/whrcc.htm</a>	<b>City of Winter Haven Swim Lessons will be at Rowdy Gaines Pool</b>	<b>City of Winter Haven Swim Lessons will be at Rowdy Gaines Pool</b>	<b>City of Winter Haven Swim Lessons will be at Rowdy Gaines Pool</b>
<b>Florida Southern College</b> 111 Lake Hollingsworth Drive, Lakeland 33801 863-680-5040 <a href="https://www.flsouthern.edu/campus-offices/wellness/aquatics/summer-swim-lessons.aspx">https://www.flsouthern.edu/campus-offices/wellness/aquatics/summer-swim-lessons.aspx</a>	<b>Preschool Levels –</b> Designed for Ages 3-6 <b>Levels 1&amp;Up –</b> Designed for ages 6 & older Please visit website for full details of swim levels.	Online registration will <u>begin April 8<sup>th</sup></u> . Please visit website for full details including session times. <b>Session I</b> June 5 <sup>th</sup> – 9 <sup>th</sup> - \$100 <b>Session II</b> June 12 <sup>th</sup> – 16 <sup>th</sup> - \$100 <b>Session III</b> June 20 <sup>th</sup> – 23 <sup>rd</sup> - \$100 <b>Session IV</b> June 26 <sup>th</sup> – 30 <sup>th</sup> - \$100	No, but registration required. Online registration begins on April 3 <sup>rd</sup>
<b>Lakeland Family YMCA</b> 3620 Cleveland Heights Blvd Lakeland 33803 863-644-3528 <a href="https://www.ymcawcf.org/programs/aquatics-swim/swim-lessons/aquatics-faq">https://www.ymcawcf.org/programs/aquatics-swim/swim-lessons/aquatics-faq</a>	YMCA Progressive Swim Prog Parent & Child (6 months – 3 years) Preschool (Ages 3 – 5 years) Youth (Ages 5-12 Years) Adult Private Swim Lessons Swim Team (Ages 5 – 18 years) Synchronized Swim Team (Ages 6 – 18 years) <b>Special Needs Lessons Offered?: No</b>	\$35/\$40 Member (30 min lessons)  \$65/\$75 Non-member 45minute lessons) 4 weeks session *Fee Assistance Available!	No: not for swim lessons  Yes: to participate in Swim Teams
<b>Mermaid Mom Private Swim, LLC</b> 863-513-9944 <a href="mailto:mermaidmom.swim@gmail.com">mermaidmom.swim@gmail.com</a> <a href="http://www.mermaidmomswim.com">www.mermaidmomswim.com</a> (Under construction)	Ages 6 months to Adult 1-on-1, semi-private, and group lessons available <b>Special Needs Lessons Offered?: Yes</b>	All packages are for 2-3 weekly sessions 1-on-1 lessons <ul style="list-style-type: none"> <li>• 6 lessons - \$350</li> <li>• 12 lessons - \$660</li> </ul>	Yes, a one time \$30 membership fee is required. This fee covers the entire

	*Please see website for registration and availability	<ul style="list-style-type: none"> <li>• 24 lessons – \$1,200</li> </ul> Semi-private lessons – 6 lessons - \$200 Group lessons – 6 lessons - \$150	family for one calendar year.
<b>Swim Dynamic</b> 5825 Brannen Road South, Lakeland, 33813 863-808-0189 <a href="mailto:swim@swimdynamiclakeland.com">swim@swimdynamiclakeland.com</a> swimdynamiclakeland.com	Swim America Program <u>Ages</u> 6 months to Adult Private Lessons Only *Call for questions <b>Special Needs Lessons Offered?:</b> Yes	<ul style="list-style-type: none"> <li>• \$225, Ages 1 – 15 years, 5 days for 30 minutes</li> <li>• \$45 Single Session, All Ages, individual lessons, 30 minutes</li> <li>• \$215 Adult Lessons, 3 days for 30 minutes</li> <li>• \$30 First Time Mommy &amp; Me, 6 months – 1 year, 30 minutes</li> <li>• \$20 Interactive Mommy &amp; Me, 6 months – 1 year, 30 minutes</li> </ul> \$15 Story, Sing, & Swim, 6 months – 1 year, 1 hour	No