



Community Health Improvement Plan 2017-2018 Annual Progress Report

Florida Department of Health in Polk County

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Introduction

This is the 2017-2018 Annual Progress Report for the 2016-2020 Polk County Community Health Improvement Plan (CHIP). Polk's 2016-2020 CHIP runs from August 1, 2016 through July 31, 2020. This report reflects the progress made in the second year of CHIP implementation, from August 1, 2017 through July 31, 2018.

The activities and collaborative efforts of the Florida Department of Health in Polk County and community partners will be reflected within the report. This document will serve as a progress review of the strategies that were developed and the activities that have been implemented. While the CHIP is a community-driven and collectively owned health improvement plan, the Florida Department of Health in Polk County is charged with providing administrative support, tracking and collecting data, and preparing the annual review report.

Rather than hold a single Annual CHIP Review Meeting, DOH staff meet regularly with community partners and community-based teams to evaluate and discuss our plans. Over the course of the year, changes were made to the respective plan as needed or, in the case of the Infant Mortality Strategic Issue Area, as new direction was provided by the State Office. This has allowed for timely response as each team identifies necessary changes.

Listed below is each strategic issue addressed in the CHIP, the community teams working to address specific objectives, and a summary of when they met to **revise, review, and/or make additions** to their respective objectives and workplans.

Strategic Issue Area 1: Healthy Weight

Polk Vision Building a Healthier Polk Primary Care Team (Concluded/Removed and Revised)

This team met monthly to ensure progress on their tactical plans. This team's first strategy, the WIC Healthy Habits pilot program, ended in October 2017 and was then removed from the team's tactical plan and the CHIP. The team's second strategy, the 5-2-1-0 tactical plan, concluded one year of data collection in December 2017, and has continued with some changes throughout 2018. The updates to this strategy can be found in the revision section. On July 25, 2018, leaders of the Building a Healthier Polk Initiative, which is focused on reducing the obesity rate in Polk County, met and conducted SWOT Analyses on their work over the past year. The agenda, minutes, and sign-in sheet from the Building a Healthier Polk Chair meeting can be found in **Appendix A**.

Polk Vision Building a Healthier Polk Worksite Wellness Team (Review)

This Worksite Wellness Team met monthly to ensure progress on their tactical plans. This team also participated in the Building a Healthier Polk Chair meeting and SWOT Analysis found in **Appendix A**.

Polk Vision Infrastructure Team (Review)

In 2016-17, the Polk Vision Infrastructure Team determined they would organize stakeholders around the issue of gaps in sidewalks surrounding Polk County Schools and began considering how to take action. In March of 2017, the team developed a strategy and set of objectives to address this issue. The team's strategy is to prioritize the placement of sidewalks within a 1-mile

radius of schools in Polk County. This strategy was written in as an addition to our 2016-2020 CHIP last year, under the Healthy Weight Strategic Issue Area. In March of 2018, the team reviewed progress on their tactical plan and discussed next steps. The agenda and minutes from the Infrastructure Team's March 2018 meeting can be found in **Appendix C**.

Strategic Issue Area 2: Child Health

Polk Vision Building a Healthier Polk School Health Team (Review)

The School Health Team met monthly to ensure progress on their tactical plan. This team also participated in the Building a Healthier Polk Chair meeting and SWOT Analysis found in **Appendix A**.

Polk County School District School Health Advisory Council (SHAC) (Review)

This council meets four times within each school year to strengthen efforts and align resources at the district level through five SHAC sub-committees comprised of subject matter experts for the 10 components of the WSCC model. Strategies at the district level will include more robust implementation of components within the model in order to ensure Polk Schools provide an environment that supports the health of all children. In October of 2017, the Council chose to develop action plans for each of five sub-committees to aid them in attaining this goal. The agenda, minutes, sign-in sheet from the October SHAC Meeting can be found in **Appendix D**.

Strategic Issue Area 3: Infant Mortality

Florida Healthy Babies Polk Team (Revised)

In June 2016, a community meeting was held identifying that the common root causes of infant mortality in the high-risk zip codes were issues with access to care, cultural differences, and stress. In January 2017, the group revised their original plan to include more specific community-based interventions with 4 new strategies: increasing participation in and collaboration between Healthy Start and WIC, promoting safe sleep practices, promoting breastfeeding, and reducing tobacco use among women of child-bearing age. The team met monthly to ensure progress toward these goals. In June 2018, the group reviewed their action plan to determine whether the proposed strategies were appropriate for the intended population and discovered that tobacco use does not significantly affect Black mothers in Polk. Therefore, the tobacco strategy was removed from the plan. The strategies pertaining to Healthy Start and WIC collaboration, the promotion of safe sleep practices, and the promotion of breastfeeding were revised to reflect new target values. In addition to these revisions, a strategy targeting the community in the 33805 zip code, specifically, was added to the action plan. The agenda, meeting minutes, and sign-in sheet associated with the finalization of this revised plan can be found in **Appendix E**.

Strategic Issue Area 4: Injury Prevention

Coalition on Injury Prevention of Polk County (Additions)

The Coalition on Injury Prevention of Polk County was an existing community coalition formed in 2002 to provide injury prevention resources and education throughout the county. In January 2016, Lakeland Regional Health reached out to the Florida Department of Health in Polk County requesting assistance in giving the group a more action-oriented approach. The group focuses on providing educational programs and resources in the areas of child drowning prevention, adult

bicycle and pedestrian safety, and senior falls prevention. The coalition has aligned their goals to the FDOH State Health Improvement Plan as well as the results from the Community Health Needs Assessment performed by Lakeland Regional Health. In May 2018, the group expressed interest in becoming a participating team of FDOH-Polk's Community Health Improvement Plan (CHIP) and agreed to provide trackable goals to be monitored during the next CHIP cycle. The agenda, meeting minutes, and sign-in sheet associated with the decision to participate in the CHIP can be found in **Appendix F**.

Overview of the Community Health Improvement Plan (CHIP)

Upon completion of the Polk County 2015 Community Health Assessment, meetings with community partners were held from July 2015 through June 2016 to review the Community Health Assessment, select strategic priorities, and create objectives and measures for the 2016-2020 Community Health Improvement Plan (CHIP).

Committees that worked on the 2012-2015 CHIP reviewed the assessment first. These teams were the Polk Vision Building a Healthier Polk Initiative's Primary Care, School Health, and Worksite Wellness Teams. Their efforts between 2012 and 2015 were focused on reducing the obesity rate in Polk County. Upon review of the 2015 Community Health Assessment, since obesity is a contributing risk factor to many chronic diseases and because Polk's adult obesity rate is still higher than the state, the Polk Vision Building a Healthier Polk Teams decided to continue working on obesity as a strategic priority. As teams reviewed successes of the first three-year plan, they realized continued collaboration would yield additional progress. In addition, DOH-Polk staff have worked with Polk Vision Teams to incorporate Healthiest Weight Florida deliverables into workplans where efforts are aligned.

Then, the Building a Healthier Polk Initiative's School Health Team chose to build strategies around the Whole School, Whole Community, Whole Child (WSCC) Model. DOH-Polk staff presented the Community Health Assessment to the Polk County School District School Health Advisory Council (SHAC). The leadership of both groups met and determined Child Health would be a strategic priority and agreed to build capacity to address additional child health measures.

During the July 2015-June 2016 timeframe, the Florida Healthy Babies Initiative was introduced throughout all counties in the state of Florida. Community partners, including the Healthy Start Coalition of Hardee, Highlands, and Polk County and the birthing hospitals in Polk County, as well as community members agreed to work on strategies that would decrease the growing Black-White infant mortality gap.

The Coalition on Injury Prevention of Polk County was an existing community coalition formed in 2002 to provide injury prevention resources and education throughout the county. In January 2016, Lakeland Regional Health reached out to the Florida Department of Health in Polk County requesting assistance in giving the group a more action-oriented approach. The group focuses on providing educational programs and resources in the areas of child drowning prevention, adult bicycle and pedestrian safety, and senior falls prevention. The coalition has aligned their goals to the FDOH State Health Improvement Plan as well as the results from the Community Health Needs Assessment performed by Lakeland Regional Health. In May 2018, the group expressed interest in becoming a participating team of FDOH-Polk's Community Health Improvement Plan (CHIP) and agreed to provide trackable goals to be monitored during the next CHIP cycle.

Polk County 2016-2020 CHIP Strategic Issue Areas

STRATEGIC ISSUE AREA	GOAL
Healthy Weight	<i>Reduce the obesity (BMI ≥ 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%, State 26.4%).</i>
Child Health	<i>Leverage the school setting and support for local schools to improve child health in Polk County.</i>
Infant Mortality	<i>By December 31, 2018, reduce the three-year rolling average of black infant mortality rate from 10.9 (2012-2014) to 8.3 per 1,000 live births.</i>
Injury Prevention	<i>Prevent and reduce unintentional deaths in Polk County in the areas of child drowning prevention, adult bicycle/pedestrian safety, and senior falls prevention.</i>

CHIP Annual Review

Strategic Issue Area #1: Healthy Weight

Obesity is a contributing factor to preventable chronic diseases, including diabetes, hypertension, high cholesterol, cardiovascular disease, stroke, and certain cancers. Obesity also contributes to higher health care costs, including preventable hospital stays, decreased productivity, and increased absence from work or school. In 2011, Lakeland-Winter Haven was ranked the 7th most obese metropolitan service area (MSA) in the country (Gallup-Healthways Well-Being Index, 2011). The 2015 Polk County community health assessment (CHA) revealed that obesity is a major health concern in Polk County, where the adult obesity rate (BMI ≥ 30) is 36.9% (FLHealthCHARTS, 2013). In addition, 32% of 3rd graders in Polk County are overweight or obese (BMI ≥ 85th percentile) (FDOH-Polk, 2016).

Goal: Reduce the obesity (BMI ≥ 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%, State 26.4%) by 2030.

Strategy 1.1: *Engage primary care providers to promote healthy weight in children.*¹

Key Partners: *Polk Vision Building a Healthier Polk Primary Care Team*

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By October 31, 2017, 75% of children who enroll in and complete the "Healthy Habits" program between April 1, 2016 - September 30, 2016 will decrease their BMI percentile by at least 2%.	BMI baseline to BMI 1 year later	Baseline Overweight 50% Obese 50% 9 months Overweight 20% Obese 70%	Decrease in BMI percentile by at least 2%		The WIC-Healthy Habits program is a pre-pilot to determine if communication with a child's pediatrician would influence weight outcomes. The program enrolled 10 children in an experimental group and followed them for 6-12 months, providing progress updates to their pediatric provider. The pre-pilot is not complete at this time and a 9-month update has been reported. The pre-pilot will conclude October 31, 2017, at which time final 12 month data will be reviewed and the program will conclude.
	Number of providers participating as of April 1, 2016	6	Increase in participating providers		The number of participating providers remained constant throughout the course of the pre-pilot.

¹ Please note – Upon completion of this strategy in October, it will be removed from the CHIP.

Strategy 2.1: Support the development and enhancement of worksite wellness programs in local businesses.

Key Partners: Polk Vision Building a Healthier Polk Worksite Wellness Team

Objective	Indicator (Data Source)	Current Level	Target	Status	Explanation of Status
Number of businesses that have completed the CDC Worksite Health ScoreCard	CDC Worksite Health ScoreCard	6 CDC ScoreCards	10 CDC ScoreCards		A total of 6 businesses in Polk County have completed the CDC ScoreCard and reported their results to the Worksite Wellness Team.
Baseline CDC Worksite Health ScoreCard scores	CDC Worksite Health ScoreCard	Baseline scores established for 6 businesses	Baseline scores for 10 businesses		A total of 6 businesses in Polk County have completed the CDC ScoreCard and reported their results to the Worksite Wellness Team.
Number of presentations to local businesses and community organizations	Number of presentations to local businesses and community organizations	3 presentations per year	3 presentations per year		This indicator was added to show the breadth of outreach conducted by the Worksite Wellness Team through presentations on worksite wellness and the CDC Worksite Health ScoreCard.
Number of in-person consultations with local businesses	Number of in-person consultations with local businesses	4 consultations with 3 new businesses	5 consultations with 5 new businesses		This indicator was added because the Worksite Wellness Team decided to replace phone calls and emails with in-person consultations.
Number of phone calls and email correspondence with local businesses	Correspondence with local businesses (records of phone calls, emails)	Phone calls/emails with 11 businesses	Follow-up at least once per business		This indicator was added to show the number of businesses with whom the Worksite Wellness Team is corresponding via phone calls and emails.

Strategy 2.2: Continue to support the development of worksite wellness programs in local businesses.

Key Partners: Polk Vision Building a Healthier Polk Worksite Wellness Team

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Develop timeline for cohort of 5 businesses to engage in wellness programming and establish comparative data.	Number of businesses committed to cohort	0	5		This strategy has been placed on hold until the strategy 2.1 has been further developed.
	Number of CDC Worksite Health Assessments completed	0	5		This strategy has been placed on hold until the strategy 2.1 has been further developed.

Strategy 3.1: Engage local government leaders to prioritize money for sidewalks and in turn ensure the location and placement are on collector roads within a one-mile radius of schools.

In January of 2017, an article published by NPR ranked the Lakeland-Winter Haven metropolitan area the 6th most dangerous metro area for pedestrians in the country. Between the years of 2006-2015, there were 142 pedestrian and 33 bicyclist fatalities due to traffic crashes in Polk County (Polk TPO, 2017). Sidewalks and lighting improvements will help to make walking and biking safer for pedestrians and bicyclists. In addition, the ability to walk or bike safely in the community provides an additional opportunity for physical activity, which will help to promote healthy weight among children and adults.

Key Partners: Polk Vision Infrastructure Team

Objective	Indicator	Current Level	Target	Status	Explanation of Status
City/county planners utilize GIS maps of existing sidewalks within one-mile of schools for proactive planning.	Create baseline and single database of GIS at BoCC	Baseline established and database created	Baseline established and database created		A full GIS map is complete and maintained by Florida TPO.
City/county planners utilize Safe Routes to Schools and other funding opportunities to fund sidewalk gaps.	Complete clearinghouse and provide open access to all appropriate contacts	Clearinghouse has not been established	Clearinghouse created and shared		There is awareness of a need to “share” resource information but a central clearinghouse has not been established. It is unclear who would take responsibility for creating and/or maintaining this system.

Strategic Issue Area #2: Child Health

Schools are the best setting to influence healthy behaviors and habits in children. This strategic area is focused on implementing evidence-based practices and policies in both individual schools and at the district level in Polk County. The Building a Healthier Polk Initiative’s School Health Team continues to focus primarily on strategies to combat childhood obesity and chose to craft those strategies based on the Whole School, Whole Community, Whole Child (WSCC) Model and work to implement them within 5 pilot schools. The Polk County School District School Health Advisory Council (SHAC) committed to strengthening efforts and aligning resources at the district level through SHAC committees comprised of subject matter experts for the 10 components of the WSCC model. Strategies at the district level will include more robust implementation of components within the model in order to ensure Polk Schools provide an environment that supports the health of all children.

Goal: Leverage the school setting and support for local schools to improve child health in Polk County.

Strategy 1: *Increase healthy weight in school-age children through increased physical activity and nutrition.*

Key Partners: *Polk Vision Building a Healthier Polk School Health Team and Polk County School District School Health Advisory Council (SHAC)*

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Develop and implement pilot program in 5 schools to improve best practices based on the Whole School, Whole Community, Whole Child (WSCC) Model.	Establish baseline School Health Index Scores for each school and develop workplan for improvement.	SHI scores established for all 5 schools	SHI scores established for all 5 schools		Baseline School Health Index scores have been established for the <i>physical education/activity and nutrition services</i> modules for each of the 5 elementary schools participating in the pilot program.
	Establish baseline for WSCC measurements.	Most baseline and most 1-year data collected from all 5 schools	All WSCC measurements established for each school		Baseline and 1-year WSCC measurements (based on BMI, <i>FitnessGram</i> , fruit and vegetable selection, and community partnership) have been established for each of the 5 elementary schools participating in the

					pilot program. There are currently a few pieces of missing data that the team is working with the schools to establish.
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Strategy 2: Establish a fully integrated, working Whole School, Whole Community, Whole Child (WSCC) Model within the School Health Advisory Council (SHAC).

Key Partners: Polk Vision Building a Healthier Polk School Health Team and Polk County School District School Health Advisory Council (SHAC)

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By 2018, increase Polk County Schools Healthy District score by 5%.	Healthy District Award score	Silver (increased from 72% to 74% in 2018)	Increase by 5%		The 5 established SHAC committees developed workplans to increase Polk County's Healthy District Score. As of the spring of 2018, Polk County Schools are a Silver District, with a score of 74% (increased from 72%).
By 2018, create SHAC committees representing 5 out of the 10 components of the WSCC model.	Established committee workplans	5 established SHAC committees; in the process of developing workplans	SHAC committees established representing 5 out of 10 components of WSCC model		There are currently 5 established SHAC committees: 1.family and community engagement 2.health education & physical education 3.health services 4.counseling, psychological, & social services, social & emotional climate, physical environment 5.employee wellness and nutrition environment & services

Strategic Issue Area #3: Infant Mortality

Infant mortality is often called the “pulse of a community” as it can be used as an indicator to deduce the current health status of a community and can help predict the future health status of a community. Infant mortality rates are often linked to other Social Determinants of Health such as lack of prenatal education, lack of access to affordable prenatal care, lack of transportation, etc. A facilitated community discussion was held in June 2016 to determine possible root causes for the high rates of infant mortality within high risk zip codes in Polk County, with a special emphasis on the social determinants of health. The participants in this meeting identified that the common root causes found were issues with access to care, cultural differences, and stress. The Florida Healthy Babies Team, made up of members from FDOH- Polk, Healthy Start, Women, Infants, and Children (WIC), and members of the community created a Community Action Plan to address these root causes. This Community Action Plan has been revised and reviewed annually to accurately represent the needs of these communities. The 2018 Plan was revised and approved by the group for implementation in June 2018.

Goal: Goal: By December 31, 2018, reduce the three-year rolling average of black infant mortality rate from 10.9 (2012-2014) to 8.3 per 1,000 live births.

Strategy 1: *Promote and increase participation in and collaboration between Healthy Start and WIC programs.*

Key Partners: *Healthy Start Coalition of Hardee, Highlands, and Polk County and WIC*

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By December 31, 2018, increase the percentage of women participating in Healthy Start and WIC programs by 5%.	WIC participation rates	5,880	2,200		This objective will be continued and revised for the next Phase of the initiative.
	Healthy Start participation rates	781	1,597		This objective will be continued and revised for the next Phase of the initiative. Participation rates have been severely dropped after implementation of new Coordinated Intake and Referral System.
	Number of shared clients.	173	129		This objective will be continued and revised for the next Phase of the initiative. Shared client rates have been severely dropped after implementation of new Coordinated Intake and Referral System.

By December 31, 2018, increase referrals between the Healthy Start and WIC programs by 5%.	Referral rates between programs	376	120		This objective will be continued and revised for the next Phase of the initiative. Referral rates have been severely dropped after implementation of new Coordinated Intake and Referral System.
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Strategy 2: Promote safe sleep practices.

Key Partners: Child Abuse Death Review Committee, Children’s Home Society, Fetal Infant Mortality Review Team, Healthy Start, Heartland for Children, Safe Kids Suncoast Coalition, and WIC.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By December 31, 2018, reduce the number of sleep-related deaths from 14.3% to 12.0%.	Polk Maternal and Child Health Death Certificate Review	16.3	12.0		Annual review of infant death certificates shows a slight rise in the percent of deaths caused by unsafe sleeping incidents. This strategy will be continuing as the community-based team continues to gain a foothold with new parents.

Strategy 3: Promote breastfeeding initiation among all women.

Key Partners: Lakeside Pediatrics, Polk County Breastfeeding Network, and WIC.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By December 31, 2018, increase the number of mothers who are breastfeeding from 83.8% to 84.5%.	Percentage of WIC infants and children <24 months who were ever breastfed in Polk County.	84.5	84.5		This objective will be continued and revised for the next Phase of the initiative.
	Percentage of non-Hispanic Black WIC infants and children <24 months who were ever breastfed in Polk County.	78.4	79.2		This objective will be continued and revised for the next Phase of the initiative. Participation rates have been severely dropped after implementation of new Coordinated Intake and Referral System.

Strategy 4: Promote tobacco cessation for women of child bearing age.

Key Partners: Healthy Start, Tobacco Free Florida, and Tobacco Free Polk

Objective	Indicator	Current Level	Target	Status	Explanation of Status
By December 31, 2018, decrease smoking rates of women of child bearing age from 14.67% to 14.0%.	Healthy Start Prenatal Tobacco Data	13.5	14.0		A review of the data shows that prenatal smoking rates for Polk County are improving. This review also found that smoking was not as prevalent an issue for the target population as was thought at the plan's inception.

Strategy 5: Engage local hospitals to pursue Baby Friendly Status, per the Healthiest Weight Florida and Florida Healthy Babies workplans.

Key Partners: WIC, Winter Haven Hospital, Heart of Florida Regional Medical Center, and Lakeland Regional Health.

Revised Strategic Objective	Indicator (Data Source)	Current Level	Target	Status	Explanation of Status
Provide quarterly support for all 3 local hospitals to attain Baby Friendly Status and celebrations of success once these hospitals have achieved this status.	Record of communication and support.	WHWH: Phase 4 (10 out of 10 steps completed) LRH: Phase 2 (0 out of 10 steps completed) HOFRMC: Phase 3	Complete all phases of Baby Steps to Baby Friendly.		Winter Haven Women's Hospital is awaiting their site review which was delayed due to Hurricane Irma; after their site review, they will receive Baby Friendly Status. Lakeland Regional Health has achieved several of the sub steps, but have not completed any steps yet. Heart of Florida Regional Medical Center is in the Dissemination Phase of the Baby Friendly process.
	Record of celebration for successful completion of status.	No celebrations, as no hospital has achieved status.	1 celebration		

* Status indicators are as follows:



= Little to no movement towards objective target



= some progress towards meeting the objective target



= reached or surpassed objective target

CHIP Revisions

Revisions to the CHIP were made after careful review of the goals, objectives, strategies, and measures of the 2016-2020 CHIP. Revisions were made to the following goals, strategies, and indicators:

- **Strategic Area #1: Healthy Weight**
 - **Strategy 1.2:** *This goal has been revised.*
- **Strategic Area #3: Infant Mortality:** *This goal has been revised.*
 - **Strategy 1:** *This goal has been revised.*
 - **Strategy 2:** *This goal has been revised.*
 - **Strategy 3:** *This goal has been revised.*
 - **Strategy 4:** *This goal has been removed.*
 - **Strategy 5:** *This goal has been removed.*

Strategic Issue Area #1: Healthy Weight

Goal: Reduce the obesity (BMI ≥ 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%; State 26.4%).

Strategy 1.2: Create continuity of messaging across pediatric settings.

Objective	Indicator	Current Level	Target	Status	Explanation of Status
Increase the number of conversations about reducing risk factors for unhealthy BMI between pediatric providers and families.	Increase participation in 5-2-1-0 prescription program by 2 new practices	3	5		There are currently 3 pediatric practices participating in the 5-2-1-0 prescription program. The goal is to increase by at least 2 practices by July 31, 2020.
	Collect at least 3,000 5-2-1-0 goals	2,349	3,000		As of July 31, 2018, 2,349 goals have been selected by pediatric patients and their families. The goal is to collect at least 3,000 goals by December 31, 2018.
	Disseminate at least 2,000 5-2-1-0 prescriptions	981	2,000		As of July 31, 2018, 981 prescriptions have been disseminated by pediatric providers. The goal is to disseminate at least 2,000 prescriptions by December 31, 2018.
Provide/increase/promote preventative health education through community partnerships.	Track the number and type of communication methods, including number of institutions and individuals reached.	3	4		Currently, 3 institutions (pediatric practices) are participating in the 5-2-1-0 prescription program. The goal is to reach at least 1 new institution per year.

Strategic Issue Area #3: Infant Mortality

Goal: By June 30, 2020, reduce the three-year rolling average of black infant mortality rate from 17.3 (2014-2016) to 16.0 per 1,000 live births.²

Strategy 1: *Promote and increase participation in and collaboration between Healthy Start and WIC programs.*

Key Partners: *Healthy Start and WIC.*

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By June 30, 2020, increase the percentage of women participating in Healthy Start and WIC programs by 5%.	By December 31, 2018 , increase the percentage of women participating in Healthy Start and WIC programs by 5%.	WIC participation rates	5,880	6,174	This strategy has been successful with the objective redefined to fit new timeframe.
		Healthy Start participation rates	781	820	
		Number of shared clients	173	182	
By June 30, 2020, increase referrals between the Healthy Start and WIC programs by 5%.	By December 31, 2018 , increase referrals between the Healthy Start and WIC programs by 5%.	Referral rates between programs	376	395	This strategy has been successful with the objective redefined to fit new timeframe.

Strategy 2: *Promote safe sleep practices.*

Key Partners: *Child Abuse Death Review Committee, Children's Home Society, Fetal Infant Mortality Review Team, Healthy Start, Heartland for Children, Safe Kids Suncoast Coalition, and WIC.*

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By June 30, 2020, reduce the number of sleep-related deaths from 16.7% to 13.0%.	By December 31, 2018 , reduce the number of sleep-related deaths from 14.3% to 12.0%.	Polk Maternal and Child Health Death Certificate Review	16.7	13.0	This strategy has been successful with the objective redefined to fit new timeframe.

² **Please note:** *This goal has been revised.*

Strategy 3: Promote breastfeeding initiation among all women.

Key partners: Lakeside Pediatrics, Polk County Breastfeeding Network, and WIC.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By June 30, 2020, increase the number of mothers who are breastfeeding from 84.1% to 85.0%.	By December 31, 2018, increase the number of mothers who are breastfeeding from 83.8% to 84.5%.	Percentage of WIC infants and children <24 months who were ever breastfed in Polk County.	84.1	85.0	This strategy has been successful with the objective redefined to fit new timeframe.
		Percentage of non-Hispanic Black WIC infants and children <24 months who were ever breastfed in Polk County.	78.4	79.5	

~~**Strategy 4:** Promote tobacco cessation for women of child bearing age.~~

~~**Key Partners:** Healthy Start, Tobacco Free Florida, and Tobacco Free Polk~~

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
By December 31, 2018, decrease smoking rates of women of child bearing age from 14.67% to 14.0%.	This objective has been removed from the initiative.	Healthy Start Prenatal Tobacco Data	N/A	14.0	Upon research into the risk factors affecting mothers in Polk’s high risk infant mortality areas, it was found that tobacco use was not an issue for the target population. This strategy was effectively removed from the initiative to make room for a new community-driven strategy.

~~**Strategy 5:** Engage local hospitals to pursue Baby Friendly Status, per the Healthiest Weight Florida and Florida Healthy Babies workplans.~~

~~**Key Partners:** WIC, Winter Haven Hospital, Heart of Florida Regional Medical Center, and Lakeland Regional Health.~~

This strategy has been removed from the 2016-2020 CHIP.

Revised Strategic Objective	Current Strategic Objective	Indicator (Data Source)	Current Level	Target	Explanation for Revision
Provide quarterly support for all 3 local hospitals to attain Baby Friendly Status and celebrations of success once these hospitals have achieved this status.	This objective has been removed from the initiative.	Record of communication and support.	N/A	Complete all phases of Baby Steps to Baby Friendly.	This objective is no longer being tracked by the initiative as all Polk birthing hospitals are well underway in pursuit of Baby Friendly status and funding is no longer being provided to assist in the pursuit of Baby Friendly status.
		Record of celebration for successful completion of status.	N/A	1 celebration	

CHIP Additions

Additions to the CHIP were made after careful review of the goals, objectives, strategies, and measures of the 2016-2020 CHIP. Additions were made to include the following goals, strategies, and indicators:

- **Strategic Area #3: Infant Mortality**
 - **Strategy 4:** *This goal has been added.*
- **Strategic Area #4: Injury Prevention:** *This goal has been added.*
 - **Strategy1:** *This goal has been added.*
 - **Strategy 2:** *This goal has been added.*
 - **Strategy 3:** *This goal has been added.*

Strategic Issue Area #3: Infant Mortality

Goal: By June 30, 2020, reduce the three-year rolling average of black infant mortality rate from 17.3 (2014-2016) to 16.0 per 1,000 live births.³

Strategy 4: *Promote community advocacy within Polk zip codes with the highest risk of infant mortality.*

Key Partners: *Healthy Start and community gatekeepers.*

Added Objective	Indicator	Current Level	Target	Explanation of Addition
By June 30, 2020, work with community members to create an intervention plan targeting communities with a high rate of infant mortality.	Finalized Community Intervention plan	0	Finalized Community Intervention Plan	A community-based strategy was formed around of team of community gatekeepers passionate about diving deeper into Polk communities affected by high rates of infant mortality. The group plans to determine which of the 7 Social Determinants of Health affects the zip codes the most and create an interventional plan around how they lessen the impact these Determinants have on the chosen community.

³ **Please note:** *This goal has been revised.*

Strategic Issue Area #4: Injury Prevention

Unintentional Injuries such as falls, distracted driving, and drownings are the fifth major cause of death in Polk County despite the fact that most of these injuries are 100% preventable. The Coalition on Injury Prevention of Polk County was an existing community coalition formed in 2002 to provide injury prevention resources and education throughout the county. In January 2016, Lakeland Regional Health reached out to the Florida Department of Health in Polk County requesting assistance in giving the group a more action-oriented approach. The group focuses on providing educational programs and resources in the areas of child drowning prevention, adult bicycle and pedestrian safety, and senior falls prevention. The coalition has aligned their goals to the FDOH State Health Improvement Plan as well as the results from the Community Health Needs Assessment performed by Lakeland Regional Health. In May 2018, the group expressed interested in becoming a participating team of FDOH-Polk’s Community Health Improvement Plan (CHIP) and agreed to provide trackable goals to be monitored during the next CHIP cycle.

Goal: Prevent and reduce unintentional deaths in Polk County in the areas of child drowning prevention, adult bicycle/pedestrian safety, and senior falls prevention. ⁴

Strategy 1: *Reduce the rate of drowning fatalities in children <5.*

Key Partners: *Abby Grace’s Hope, Inc., Children’s Home Society, Citizen CPR, Inc., City of Lakeland Parks & Rec, Department of Children and Families, FDOH-Polk, Healthy Start Coalition of Polk, Highlands, and Hardee, Lakeland Regional Health, Johns Hopkins All Children’s Hospital, Polk County Fire Rescue, and Safe Kids Suncoast.*

Added Objective	Indicator	Current Level	Target	Explanation of Addition
By December 31, 2018, decrease the rate of all drowning death among children <5 from 7.6 (2012-2014) to 6.0.	Rate of fatal drowning incidents in children ages 0-5 (FL CHARTS)	7.6	6.0	80% of drowning deaths in children under age 5 occur in Florida. Drownings are the leading cause of death in children under age 5 in Polk County. Polk County has the 7 th most child drownings in Florida.

⁴ **Please note:** *This goal has been added*

Strategy 2: Reduce the rate of pedestrian and bicycle fatalities.

Key Partners: Bartow Police Department, FDOH – Polk, FDOT, Florida Southern College, Lakeland Police Department, Lakeland Regional Health, Polk County School Board, and Polk Transportation Planning Organization.

Added Objective	Indicator	Current Level	Target	Explanation of Addition
By December 31, 2018, decrease the amount Pedestrian and Bicycle Fatalities and Serious Injuries from an average of 67.4 (2016) to an average of 60.0	Reduction in Annual Pedestrian and Bicycle Fatalities and Serious Injuries – FDOT Reporting	67.4	60.0	Bicycle and pedestrian crashes continue to increase each year. Polk County was identified by the Florida Department of Transportation (FDOT) as one of the top ten counties for frequency of fatal crashes. Lakeland, Polk’s largest city, was also identified in a Gallop poll to be the 7 th most dangerous city to bike in the United States. Bicycle and pedestrian safety education is crucial to preventing more of these crashes in the future.

Strategy 3: Reduce the rate of falls-related deaths among adults aged 65+.

Key Partners: CATT-Rath Center, FDOH – Polk, FDOT, Florida Presbyterian Homes, Lakeland Regional Health, Senior Connection Center, and Senior Helpers.

Added Objective	Indicator	Current Level	Target	Explanation of Addition
By December 31, 2018, decrease the rate of all falls-related deaths among adults 65+ from 47.3 (2012-2014) to 44.0.	Rate of fatal falls in children adults ages 65+ (FL CHARTS)	47.3	44.0	Unintentional falls are the leading cause of injury death among Florida residents ages 65+, the fourth leading cause of death overall, and the number one admission for trauma at the hospital level. When an older adult experiences a fall, there is an 80% chance that they will experience an additional fall if they do not take preventative measures. Polk County has a high population of senior citizens and it is important that this population knows how to prevent unintentional falls.

CHIP Accomplishments

Strategic Priority 1: Healthy Weight 5-2-1-0 Prescription Program

Goal 1: Reduce the obesity (BMI \geq 30) rate in Polk County to less than the state average (2013 data: Polk 36.9%; State 26.4%) by 2030.

Strategy 1.2: Create continuity of messaging across pediatric settings.

Accomplishment: The 5-2-1-0 prescription program has continued in Polk County, with a new data collection cycle starting January 2018. Participating this year are 3 local pediatric practices, with a total of 27 providers using the 5-2-1-0 prescription tool with patients. In addition, the team developed a new partnership with the Florida Southern College School of Nursing and Health Sciences. Leadership at the School has developed a plan to introduce nurse practitioner students to the 5-2-1-0 prescription tool, with the goals that students will utilize the tool with pediatric patients during practicum rotations and talk with their primary care preceptors about the 5-2-1-0 tool. This will provide nurse practitioner students with the opportunity to learn about 5-2-1-0 and also the opportunity for the tool to be shared with and adopted by the pediatric providers with whom they do their clinical rotations. The 5-2-1-0 prescription program will be introduced into the curriculum for all nurse practitioner students starting in the fall semester of 2018.

How it's important for our community: The 5-2-1-0 prescription program creates an opportunity for pediatric providers to discuss healthy lifestyle habits with their patients and help families decide on healthy goals they would like to work towards together. Doctors may find it difficult to discuss weight with their patients, and providing a standardized, evidence-based tool has helped them to initiate and guide these conversations. This is important for our county because adults in Polk County are on average more obese than other Floridians, and 32% of 3rd graders in Polk County are overweight or obese.

Strategic Priority 2: Child Health Healthy Schools Initiative Pilot Program

Goal 2: Leverage the school setting and support for local schools to improve child health in Polk County.

Strategy 1: Increase Healthy Weight in school-aged children through increased physical activity and nutrition.

Accomplishment: Polk Vision's School Health Team, comprised of school district staff and community partners including DOH-Polk, have been working with Polk County Public Schools on a pilot program called the Healthy Schools Initiative. The team first identified the Whole School, Whole Community, Whole Child (WSCC) model in 2016 and decided to use it as the basis for a pilot program aimed at improving student health and academic achievement. By the end of the 2016-2017 school year, the team had identified 5 elementary schools across Polk County and with approval from administration, began laying the framework for the pilot program within each school. Each school was asked to form a team of staff that represented the 10 components of the WSCC model, review their school's health data, and develop goals and action plans to implement positive changes. For the 2017-2018 school year, each school was asked to focus on building their team and implementing physical activity and/or nutrition related

goals in an effort to improve healthy weight rates. Each school successfully developed a Healthy School Team which met regularly with an assisting community partner to assess their progress. Each school raised their School Health Index score during this school year as they completed or made progress towards their goals.

How it's important for our community: This is important for our county because adults in Polk County are on average more obese than other Floridians, and 32% of 3rd graders in Polk County are overweight or obese.

Strategic Priority 3: Infant Mortality Baby Steps to Baby Friendly

Goal 3: Reduce infant mortality

Strategy 2: Engage local hospitals to pursue Baby Friendly Status, per the Healthiest Weight Florida and Florida Healthy Babies workplans.

Accomplishment: In Polk County, DOH staff have been working with local birthing facilities, one of the “Healthy Places” designated by Healthiest Weight Florida, to increase the number of birthing facilities implementing the 10 Steps to Successful Breastfeeding. In order for birthing facilities to obtain Baby-Friendly designation, these 10 Steps must be fulfilled, meaning the facility implements best-practices to support breastfeeding among new mothers and their infants.

Beginning in September 2015, DOH staff began reaching out to relevant stakeholders, including lactation specialists and physicians, at local birthing hospitals in Polk County. DOH staff also began reaching out to other birthing hospitals in the state that had recently completed the four phases and attained Baby Friendly Status. These contacts were crucial in answering logistical questions and provided helpful information for DOH staff to prepare a PowerPoint presentation, which they then presented to local hospital administration and staff. Two local birthing hospitals, Winter Haven Women’s Hospital and Heart of Florida Hospital committed to attaining Baby Friendly status and registered with Baby-Friendly USA. Since March of 2016, DOH staff have been a continuing resource for these hospitals as they navigate the Baby Friendly Process. Recently, through sustained efforts by DOH staff, Lakeland Regional Health has begun the Baby Friendly process as well.

Currently, Heart of Florida Hospital is currently in the third phase of the Baby-Friendly process. In this phase, the birthing facility has committed to the process of implementing plans, collecting and analyzing data, and continuing with quality improvement measures.

Winter Haven Women’s Hospital has completed all four phases towards receiving Baby Friendly designation, meaning the facility is implementing plans, collecting and analyzing data, and continuing with quality improvement measures.

With the addition of Lakeland Regional Health who is currently in the second phase of the process, 100% of birthing facilities in Polk County are currently in the process of going Baby Friendly.

How it's important for our community: Baby Friendly hospitals support breastfeeding, which has been shown to reduce infant mortality and help prevent the onset of chronic diseases, including obesity, among both mothers and babies.

Appendices

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Appendix A:
Building a Healthier Polk Meeting Agenda, Minutes, & Sign-In



Building a Healthier Polk Chair Meeting
Florida Department of Health in Polk County
 1290 Golfview Ave., Bartow FL 33830
 July 25, 2018, 1:00-3:00 PM

Agenda

Purpose: To share progress, brainstorm solutions, and celebrate the work of the *Building a Healthier Polk* Initiative.

Topic	Lead
Welcome	Dr. Jackson
Team Reporting <ul style="list-style-type: none"> • SWOT Analysis: share 2017-2018 highlights, challenges, accomplishments • What's next for our team? 	Team Chairs
Initiative Reflection <ul style="list-style-type: none"> • BHP long-term goal: “<i>reducing obesity rate</i>” vs. “<i>increasing healthy weight rate</i>” <ul style="list-style-type: none"> ○ Current goal: To reduce the obesity rate (BMI > 30) in Polk County to less than the state average (from 36.9% to 26.4%) by 2030. 	Jenna
Next Steps <ul style="list-style-type: none"> • Regular BHP Chair Meetings <ul style="list-style-type: none"> ○ Quarterly? Biannually? 	Team Chairs
Directors' Comments	Kim & Dr. Jackson
Adjourn	Jenna

Upcoming Meetings:

School Health Team Meeting: Tuesday, July 31, 9:00am-10:30am @ Jim Miles Professional Development Center - 4270 Wallace Rd., Lakeland

Worksite Wellness Team Meeting: Friday, August 3, 8:30-10:00am @ Polk Vision - 600 N Broadway Ave., Bartow

Primary Care Team Meeting: Friday, August 3, 3:00pm-4:30pm @ United Way of Central Florida - 5605 US Highway 98 S., Lakeland

Operating Board Meeting: Monday, August 6, 8:30am-10:00 am @ Lake Myrtle Sports Complex - 2701 Lake Myrtle Park Rd., Auburndale

Polk Vision Annual Meeting: Wednesday, August 22, 5:30pm-7:30pm @ LRH Barnett Pavilion for Women & Children - 1324 Lakeland Hills Blvd., Lakeland

Background / Talking Points:

- Building a Healthier Polk is a group of community partners brought together by Polk Vision in 2012 with a goal to increase healthy weight rates in the county.
- Chronic diseases such as heart disease, stroke, and diabetes are major causes of death and preventable hospital stays for the residents of Polk and obesity is a contributing risk factor to these chronic diseases.
- Originally built on 6 strategic areas, the group now works as 3 Polk Vision Alignment Teams: BHP School Health Team, BHP Primary Care Team and BHP Worksite Wellness Team.



Building a Healthier Polk Chair Meeting
Florida Department of Health in Polk County
 1290 Golfview Ave., Bartow FL 33830
 July 25, 2018, 1:00-3:00 PM

Minutes

Purpose: To share progress, brainstorm solutions, and celebrate the work of the *Building a Healthier Polk* Initiative.

Attendees: Kelly Andrews, Liz Antaya, Dr. Joy Jackson, Jenna Kaczmariski, Jenna Levine, Kim Long, Colleen Mangan, Holly Vida, Kathleen Wright, Suzanne Wright

Topic	Lead
Welcome	Dr. Jackson
Team Reporting <ul style="list-style-type: none"> • SWOT Analysis: share 2017-2018 highlights, challenges, accomplishments – <i>see attached</i> • What’s next for our team? 	Team Chairs
Initiative Reflection <ul style="list-style-type: none"> • BHP long-term goal: “<i>reducing obesity rate</i>” vs. “<i>improve healthy weight rate</i>” <ul style="list-style-type: none"> ○ Current goal: To reduce the obesity rate (BMI > 30) in Polk County to less than the state average (from 36.9% to 26.4%) by 2030. ○ Change goal to be more prevention-oriented • Should we have an adult and child BMI goal? <ul style="list-style-type: none"> ○ DOH school health nurses measure 1st, 3rd, 6th grade BMI – we have this data for Polk, but it is not compiled for the state ○ Florida Youth Tobacco Survey (FYTS) asks middle & high school weight status – Polk & state data available 	Jenna
Next Steps <ul style="list-style-type: none"> • Regular BHP Chair Meetings <ul style="list-style-type: none"> ○ BHP Chair work session in late September – refine BHP goal ○ BHP celebration in January <ul style="list-style-type: none"> ▪ Opportunity to reengage team members, provide history & updates 	Team Chairs
Directors’ Comments	Kim & Dr. Jackson
Adjourn	Jenna

Upcoming Meetings:

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- Originally built on 6 strategic areas, the group now works as 3 Polk Vision Alignment Teams: BHP School Health Team, BHP Primary Care Team and BHP Worksite Wellness Team.

School Health Team SWOT

STRENGTHS

- Successful year 1 of pilot program in 5 schools
- BHP Team member provided support to each school
- Use of an evidence-based model (*Whole School, Whole Community, Whole Child* model)
- Used timeline and action register to stay on track
- Made very achievable goals for our team and within schools
- ~~Used a matrix to do smart selection of pilot schools – spent time on this process – picked ready to go schools~~
- Worked collaboratively with district
- Aligns with efforts to improve student attendance, provide SEL opportunities, improve school climate, and overall academic achievement

WEAKNESSES

- Lacking mental health expert on the team (not for long!) – newly added team member
- Do our current data points/measurements reflect what we're trying to measure? how to measure culture change? (other measures, like BMI, will take a lot of time to show change)
- Ability of team members to contribute time to support pilot schools. Upon expansion, other means of support would be necessary.

OPPORTUNITIES

- Helping schools find community partners
- New Safe Routes to Schools liaison
- Community schools model – using the WSCC model to bring this concept to more schools using principles of alignment (utilizing existing resources)
- Schools of Hope grant money
- Align efforts with School attendance team
- Provide resources for school to aid with SEL opportunities and psychological and social services. Align with Psych service, school counseling, and aspiring leaders/ new administrators, school guardians (law enforcement)

THREATS/BARRIERS

- Changing leadership in schools
- Mobility of students and staff
- Ensuring sustainability despite mobility
- Time and resources restraints – hard to gather staff for team meetings, can't take away from instructional time, lack of money for projects
- Trying to scale up to the whole district
- How can we engage upper-level district leaders to embrace our efforts of "culture change"?

Primary Care Team SWOT

STRENGTHS

- On track to exceed all goals (# of locations, providers, prescriptions, goals)
- Catchy, well-known slogan (5-2-1-0) - message is easy to share and well-received
- Easy collaboration with community partners (schools sharing the same message)
- Smaller, more focused group of providers

WEAKNESSES

- Struggle to keep members engaged
- Energy w/current providers needs reinvigorating
- Energy w/current team members needs reinvigorating

OPPORTUNITIES

- Providing communication opportunities through our team to the community
- New Data Collection from FSC
- FSC has added 5-2-1-0 to their nurse practitioner program curriculum
- New Members - both team members and Providers
- Childhood obesity forum with FSC students November 1, 2018
- Other possibilities: spread 5-2-1-0 message in offices of counselors/therapists, acupuncturist, chiropractor, etc.
- Future ideas: adapt Childhood obesity forum and 5-2-1-0 for RN/LPN students and dieticians – Kaiser, Polk State, Southeastern

THREATS/BARRIERS

- Next Steps – how do we continue momentum and keep team members engaged

Worksite Wellness Team SWOT

STRENGTHS

- New engaged team members - new energy on team
- Regionally diverse group
- CDC Scorecard
- Tracking Spreadsheet
- Outreach - presentations
- Positive attitudes, Community Connections, Team Players, Diverse Knowledge & Expertise
- Diverse Backgrounds, Community Engagement with a variety of organizations/businesses
- Scorecard as a measurement tool, Events/presentation schedule (CareerSource Polk, Chambers, Leadership Winter Haven & Leadership Bartow presentations)
- Presentations, CDC Scorecards, Increases visibility in the community
- Lakelander Worksite Wellness Article - quotes and websites for resources
- Focus Groups-planning, pre-event questionnaire, resources, success of events,
- Annual meeting recognition
- Community Education - newsletter and Facebook content for posts

WEAKNESSES

- Need more member engagement
- Volunteer #'s
- Need more visibility - getting better with plans for newsletter
- Need more CDC scorecards
- Connection with SHRM and CareerSource Polk as lead connections
- Committee members could use their contacts to help spread the word
- Increase visibility through Facebook by liking pages, posting events, etc.

OPPORTUNITIES

- Reconnect with original 47 businesses - an additional outreach about when next "gathering" is planned with new focus group businesses
- Health lifestyles/Quality of Life is a huge TREND right now - ride the wave
- Support other BHP Team Initiatives – incorporate 5-2-1-0 resources into our toolkit
- Chamber, Citizen CPR, etc. to collaborate with)
- Table at community health fairs (City, County, etc.)
- Create Facebook page for more visibility and to share newsletters
- Defining New direction based on findings from Focus Groups
- Continue focus groups around the county – Bartow next, Lake Wales
- Pull together Lakeland focus group again – maintain engagement with this group – forum for businesses to communicate
- Create/Define an annual award beyond what our current criteria is this year

THREATS/BARRIERS

- Time
- healthcare uncertainty - can be threat or opportunity
- Defining New direction based on findings from Focus Groups- not trying to be all things to all businesses
- Set aside a "planning date" to solidify the Pilot Program Goals & Objectives
- Create a strategy to actively select and recruit businesses we identify as good partners
- New leadership for team - transitioning



Building a Healthier Polk Chair Meeting
July 25, 2018 1:00-3:00pm
Sign In Sheet

Name	Organization	Signature
Kelly Andrews	Kelly Andrews, LLC	<i>Kelly Andrews</i>
Liz Antaya	Stahl & Associates Insurance	<i>Liz Antaya</i>
Dr. Joy Jackson	FDOH-Polk	<i>Joy Jackson</i>
Jenna Kaczmarek	PCSB	<i>Jenna Kaczmarek</i>
Jenna Levine	FDOH-Polk	<i>Jenna Levine</i>
Kim Long	Polk Vision	<i>Kim Long</i>
Colleen Mangan	FDOH-Polk	<i>Colleen Mangan</i>
Holly Vida	BayCare	<i>Holly Vida</i>
Kathleen Wright	PCSB	<i>Kathleen Wright</i>
Suzanne Wright	FDOH-Polk	<i>Suzanne Wright</i>

Appendix B:
Infrastructure Team Agenda & Minutes



AGENDA

Infrastructure

March 23, 2018

Welcome/ Introductions

John Bohde

Update Tactical Plan

Adjourn

UPCOMING MEETING DATES:

State of the County – Wed, April 25, 8am - 9:30am

Next Teem Meeting: Friday, April 27, 8:30am – 10:00am

To access meeting documents in portal:

portal.polkvision.com

Click on **Sign In** in upper right corner of web page

Enter email and sign on (contact Brenda for password reset)

Click on My Sites drop down menu and select Infrastructure

Click on Resources icon



Resources

Click on meeting date in the Virtual Binder

Mission . . . Polk Vision actively facilitates a process through which Polk County realizes its full potential. Polk Vision identifies and builds awareness of community priorities, promotes partnerships and encourages accountability.

Infrastructure Team

March 23, 2018

Attendees: Lauren Hinton, Julia Davis, John Bohde, Nick Nicholas

Review of Tactical Plan

- The short-term outcome was accomplished by Adam and AECOM with the completion of the sidewalk study. From the study 10 priority schools were identified and 59 segment gaps were identified as a priority.
- Adam is in the middle of a second sidewalk study to identify the next phase of priority sidewalk projects.
- Of the 59 segments identified some will be directed to the local municipality for completion and some are already programmed for completion. The rest will be submitted to the Sidewalk Advisory Committee to review and hopefully approve for funding.
- The Sidewalk Advisory Committee has an annual process which concludes in July with the approved projects and from October moving forward every month they receive 5 projects to review and submit for approval.
- In June the projects are placed in a priority list and then the committee looks at cost and other variables and decided which should be completed that year.
- The team will look at what segments of the 59 that the team has identified as a priority have already been submitted to the Sidewalk Advisory Committee and are to be completed, which have been submitted and not been approved, and what segment have the best chance at being approved.
- Next Meeting John Bohde will bring changes to building codes/development regulations for developers in support of building sidewalks; this should help in the construction of new sidewalk.

Moving Forward

- The team agreed to have an overarching tactical plan and also having a separate tactical plan for Phase 1. Adding additional tactical plans for each phase moving forward.
 - The team wants to be able to show that for Tactical Plan Phase 1 they identified 59 segments as a priority and _____ number were completed.
 - That unidentified number will be used as the measurement for the tactical plan.
- Strategies the team wants to work on:
 - Submitting segment applications to the Sidewalk Advisory Committee
 - Create one voice messaging by garnering support for sidewalks and having all municipalities put sidewalks as a priority.

- Establish communication with municipalities for them to inform the TPO of new sidewalk construction and therefore have a master file of all sidewalks gaps in the county.
 - The team requested attending the Government Team meeting to learn how to engage the municipalities in setting sidewalks as a priority.
 - John Bohde and Julia Davis will attend the next Government Team meeting.

Next Meeting

- Develop Phase 1 tactical plan
- Meeting Date April 27, 2018

Appendix C:
School Health Advisory Council Agenda, Minutes, & Sign-In

School Health Advisory Committee
 Polk County School Board Employee Health Clinic
 3215 Winter Lake Road
 Lakeland, Florida

October 18, 2017
 11:30 A.M. – 1:00 P.M.

MEETING OBJECTIVES:

- Provide required updates from School Health Services
- Pledge to Slow Down Presentation
- Goal Setting
- Chair to Share

MEETING AGENDA

What	How	Who	Time
Lunch Commencement Welcome, Meeting Agenda	Present	Audrey Kelley-Fritz	5 Minutes
School Health Services Updates/Head Start Update	Present	Tammy Durden	10 Minutes
Pledge to Slow Down	Present	Julia Davis, Sr. Transportation Planner	20 Minutes
Group Work: Planning for this Year	Present/ Discuss	Everyone	30 Minutes
Chair to Share	Present	Group Leaders—5 minutes each	25 Minutes

NEXT MEETING DATE: 1/24/18

11:30 A.M. – 1:00 P.M.

School Health Advisory Committee
 LOCATION TBA

*Jan.
 March.
 May*

MISSION STATEMENT: The School Health Advisory Committee is to promote and enhance health education, physical and mental health of students, and a safe environment in which to grow, learn and achieve.

School Health Advisory Council Meeting Minutes

October 18, 2017

Audrey Kelley-Fritz: Welcome

- Introduced speaker: Julia Davis, Sr. Transportation Planner

Julia Davis:

- Gave a presentation titled “Pledge to slow down”. Demonstrations were performed by volunteers in the meeting to show how long it would take to stop a vehicle when traveling at a specific speed. For example, if driving at just 30 MPH it would take 75 feet to come to a complete stop and at 50 MPH it would require 175 feet to come to a complete stop.
- Julia handed out Pledges to sign *taking the pledge* to slow down. The other half of the Pledge forms were turned in with names and you could note on the form if you wished further presentations, signage, etc. She also picked from the submitted pledges one person who won a T-shirt.
- Group discussion on how to help students walking to schools to be seen more easily – especially in the mornings when it is still dark outside. One suggestion was to put some type of reflective tape, paint, etc., on their backpacks.
- There is a website to get more information under www.pledgetoslowdown.com.

Tammy Durden:

- The supervisor of Pre-k, Gwen Parish, R.N., has left to work for the school board and we are presently interviewing for her position.
- The 45-day deadline for Pre-k screenings was met.
- Screenings are back on track in School Health – although 10+ elementary schools (vision/BMI) and 4 middle schools (scoliosis) were rescheduled due to the hurricane.
- The 5-2-1-0 program is being done again this year for certain 3rd grade classrooms.
- The School Health Program will be getting its school site visit (from Tallahassee). It is scheduled for 10/23-25 next week and takes place every 2 years. Four schools (Basic, Full Service, Comprehensive, and one of our choice) were chosen to be audited and the schools selected are Bartow Elementary Academy, Spessard Holland Elem., Sandhill Elem. and Dundee Ridge MS.
- School Health has hired 3 new nurses (RNs) due to resignations.

Activity:

The attendees were divided into their discussion groups - that were first created last year to continue their work on meeting their objectives in order to gain Gold status for the District Award. Application is due in January, 2018. The School District has been at silver status since 2008. The five group categories are:

1. Health Education and physical education
2. Physical Environment, social emotional climate, psycho-social services
3. Community and family involvement
4. Nutrition services/employee wellness
5. Health Services

After Activity Discussion/ Reporting Workplan Progress

Community and Family Involvement:

- There is a parent outreach bus that travels to various Title I schools during the school day that has books for students as well as computers that parents may access.
- It was recommended that the Resource Guide should also contain a list where all libraries are located and community centers that have computers a parent can use as well.

Employee Wellness and Nutrition Services (HUSC:SL Update):

- One of our goals for Nutrition Environment and Services is to improve our score on one item from 0 to 1 by having between 1-25% of schools in the district apply for HUSC: SL. Erica Rodriguez from the Florida Department of Agriculture and Consumer Sciences (FDACS) has been working on submitting HUSC:SL applications for the 5 schools involved in Polk Vision's Healthy Schools pilot program. These (and possibly a few other applications) will be submitted soon. This should complete our goal of having between 1-25% of schools in the district apply for HUSC:SL, and will increase our district score by 1 point.
- Include physical activity for employees
- Healthier vending machine choices

Health Services:

- A suggestion was made there be a list of all services that parents/students can access through the school website and possibly other places in the community. Discussed putting together a resource list and have it available for parents/students on the school website and possibly in other places in the community for them to access. It was discussed that perhaps School Health employees could start this project over the Christmas break. Other ideas brought up that can be listed so they can be easily accessible:
- Colt program where students can ride a bus for free.
- Bus schedules.
- Will also check with United Way, Safe Haven and Peace River to see what they have to offer so we can post this information for students/parents.
- What Medicaid has to offer.

Social Services:

- Working on Bullying prevention

Health Education:

- Suggested doing an in-service day for their Classroom Health Teachers/Nurses for CEUs. Possibly invite DOH nurses. Various topics were discussed. Tammy Durden offered to be the provider for the CEUs.

Meeting Adjourned

Next meeting date: 1/24/2018

11:30 A.M. – 1:00 P.M.

SCHOOL HEALTH ADVISORY COMMITTEE

Sign-In Sheet
October 18, 2017

NAME	SIGNATURE	ORGANIZATION	EMAIL
Kobbin Chapman	Kobbin Chapman	PCSB	
Audrey Kelley	Audrey Kelley	PCSB	
Anna Kacyk	[Signature]	PCSB	
LISA Butcher	Lisa Butcher	FDPH	
Jenna Levine	Jenna Levine	FDON	
Donna Narvaas	Donna Narvaas	PCSB	
Melanie Peter	Melanie Peter	PCSB	
Cathy Boek	Cathy Boek	PCSB	
Lynne Marts	Lynne Marts	FDPH	
Pauline Simmonds-Bow	[Signature]	Polk Vision	
Jalia Davis	[Signature]	Polk TPO	
Dee DeWright	Dee DeWright	Hearth	
Jodi Miller	Jodi Miller	UWCF Successory 6	Jodi.miller@uwcfid.org
Taylor Freeman	Taylor Freeman	FDON-Polk	on file
Gloria Rathe	[Signature]	Polk TPO	

NAME	SIGNATURE	ORGANIZATION	EMAIL
Colleen Mangano	Colleen Mangano	DDH Polk	on file
Juli Davis	Juli Davis	DDH Polk - Tobacco Program	on file
Tammy Dresden	Tammy Dresden	DDH-Polk	on file

Appendix D:
Florida Healthy Babies Agenda, Minutes, & Sign-In



**Florida Healthy Babies Polk Team Meeting
May 14, 2018**

Agenda

- | | |
|---|---------------|
| 1. Welcome | Dee |
| 2. Community Meeting 2016 Recap | Suzanne |
| 3. FHB 2016 Data Review Recap | Taylor/Sylvie |
| 4. FHB Action Plan Refresh Finalization | Taylor |



**Florida Healthy Babies Polk Team Meeting
May 14, 2018**

Meeting Minutes

Present: Dr. Jackson, Suzanne Wright, Colleen Mangan, Sylvie Grimes, Beverly Dodson, Taylor Freeman, Dee Zerfas, Roselyn Smith, Laura Berg-Taylor
Guests: Lynn Marshall, HS Coalition

Suzanne provided a recap of the community meeting that took place in June 2016. There was discussion regarding the need for another community meeting, specifically targeting the needs of African American women in the Lakeland zip code areas with the highest infant mortality rates for our County.

FHB 2016 Data Review was presented by Taylor and Sylvie. A review of the tobacco use data did not show a significant number of black prenatal women or black mothers of infants smoking.

Taylor presented the FHB Action Plan Refresh which was reviewed in its entirety. Completion dates were updated. The committee decided to delete Strategy 4 addressing smoking cessation in prenatal women due to the data not supporting this as a significant concern in our community. A new strategy was added to create a Community Committee to determine how best to plan and implement activities to address the black/white disparity in the Lakeland zip code areas with the highest infant mortality rates for our County. The Refresh plan was approved by those present. Taylor will submit this Refresh Plan to the state on June 1st.

Next Meeting Scheduled for 6/11/18.



Florida Department of Health in Polk County
Florida Healthy Babies (FHB) Plan Refresh Meeting
Director's Conference Room, 4th Floor, Bartow Admin Building
May 14, 2018, 1:00 – 2:30 pm

SIGN-IN SHEET

Name	Email Address	Signature
Adrian Williams	AdrianWilliams413@yahoo.com	
Beverly Dodson	Beverly.Dodson@flhealth.gov	<i>Beverly Dodson</i>
Charlene Edwards	cedwards@healthystartthp.org	
Colleen Mangan	Colleen.Mangan@flhealth.gov	<i>Colleen Mangan</i>
Deedee Zervas	Deedee.Zervas@flhealth.gov	<i>Deedee Zervas</i>
Desirae Ofori	Desirae.Ofori@gmail.com	
Dr. Joy Jackson	Joy.Jackson@flhealth.gov	<i>Joy Jackson</i>
Gail Hayes	gail.hayes@flhealth.gov	
Joyce Arand	Joyce.Arand@myLRRH.org	<i>Joyce Arand</i>
Lynn Marshall	lmarshall@healthystartthp.org	<i>Lynn Marshall</i>
Marcia McCalla	mmccalla@healthystartthp.org	<i>M. McCalla</i>
Roselyn Smith	Roselyn.Smith@flhealth.gov	<i>Roselyn Smith</i>
Shaneal Allen	ShanealAllen@polk-county.net	
Sheryl Cooper	Sheryl.Cooper@flhealth.gov	
Suzanne Wright	Suzanne.Wright@flhealth.gov	<i>Suzanne Wright</i>
Sylvie Grimes	Sylvie.Grimes@flhealth.gov	<i>Sylvie Grimes</i>
Tammy Durden	Tammy.Durden@flhealth.gov	<i>Tammy Durden</i>
Taylor Freeman	Taylor.Freeman@flhealth.gov	<i>Taylor Freeman</i>
Tonya Akwetey	tonkwetey@healthystartthp.org	

Appendix E:
Coalition on Injury Prevention of Polk County Agenda, Minutes, & Sign-In



Coalition on Injury Prevention of Polk County

Mission: Networking to provide injury prevention resources to positively impact communities through partnerships, communication, and support of community events.

Injury Prevention ~ It's Everyone's Business

Agenda for May 15th, 2018

- ◆ **Introductions**
- ◆ **Attendance**
 - ◆ Everyone, please be sure to sign in
 - ◆ New attendees and guests ~ please provide complete agency & contact information
- ◆ **Approval of minutes**
 - ◆ Need Secretary
- ◆ **Outreach Events**
 - ◆ Talking points for task forces
- ◆ **Agency Spotlight**
 - ◆ Diana DeGroot – Lakeland Regional Health
- ◆ **CIP Booklet**
- ◆ **Community Task Force**
 - Falls Team
 - Adult Bicycle Safety Team
 - Drowning Team
- ◆ **Community Health Improvement Plan Update and Finalization**
- ◆ **July Meeting Update**
- ◆ **Subcommittee Chair Meeting to follow General Meeting**
- ◆ **Round table agency programs, services or events**
- ◆ **Next meeting's agenda items:**
 - ◆ Agency Spotlight: If you would like to sign up for the Agency Spotlight in March, let Diana or Taylor know
- ◆ **2018 Meeting Schedule:**
 - ◆ All meetings will be held 0900-1030
Learning Room 1 (2nd floor) at Family Fundamentals 1021 Lakeland Hills Blvd., Lakeland
 - ◆ Meetings:
 - Task Force meetings should occur in between CIP meetings
 - **Next CIP Meeting: July 17th, 2018 at 9:00 am**



Coalition on Injury Prevention of Polk County

Mission: *Networking to provide injury prevention resources to positively impact communities, through partnerships, communication and support of community events.*

May 15, 2018 ~ Meeting Minutes

<p>Members in Attendance: Florida Department of Health Polk County – Colleen Mangan, Taylor Freeman Lakeland Regional Health – Diana Degroot Safe Kids Polk – Taylor Freeman UWCF/Family Fundamentals – Coleen Pizzuti Children’s Home Society – David Acevedo Florida Presbyterian Homes – Alexis Bautz Senior Helpers – Georgiana Goodson</p> <p><i>Regrets</i> Inneract Alliance Stand Up Polk – Donna Swygert Senior Connection Center – Jamie Baker-Douglin Lakeland Regional Health – Debra Myers</p>	
TOPIC	DISCUSSION
Welcome & Introductions	Completed.
Previous Meeting Minutes	Pending approval.
Outreach Events	Talking Points have been used in recent forums and are a great tool to discuss CIP. Hoping to disseminate the CIP resources through these sources: CIP Agency Contact Email, Agency Connection, United Way, CIP Facebook, Family Fundamentals, TPO, and LakelandMom.com.
Agency Spotlight	Lakeland Regional Health Trauma Center – Diana DeGroot, MSN, RN, CCRN-K, TCRN LRH is a Level II Trauma Center that serves Polk, Hardee and Highlands’ counties with various specialties available 24/7 to provide the care required for trauma patients. Diana discussed the

	<p>care provided to trauma patients throughout the continuum, in 2017 LRH cared for over 2800 trauma patients. The top three mechanisms of injury for patients admitted in 2017 were Motor Vehicle, Motorcycle and Falls.</p> <p>Diana serves as the Trauma Program Manager and has a team that provides support to the trauma center and gathers data to benchmark against other national trauma centers. The team provides Injury Prevention and Community Outreach services and have embarked on providing the Bleeding Control Course to community members, but have seen participants from Orlando to Miami come to the courses. They also continue to grow and develop the research aspect of the program and are excited for the future.</p> <p>For any additional information or support, you can contact Diana DeGroot at 284-1853. If interested in taking the BCON course, it is free to all participants, please register through: https://www.eventbrite.com/e/bleeding-control-basics-b-con-course-registration-40877884854</p>
CIP Booklet	<p>The CIP booklet has been completed and is ready to be provided to our community! It will be sent in digital format for dissemination to the public, copies were also provided at the meeting. Thank you again to Alexa and the graphic artist, the booklet is wonderful!</p>
Community Task Force Updates	<p>Adult Bicycle Safety Team - has created their survey for Bicycle Safety as an audit tool and based on responses will provide resources to the participant. Action Plan finalized. Recommendation to take to a Florida Southern Orientation for increased survey return.</p> <p>Drowning Team - May is National Water Safety month. Proclamations completed in Winter Haven, Lakeland, Haines City, and Polk BOCC. Proclamation calendar appointments will be sent out; please attend the proclamations to show support. Taylor conducted a water safety Polk Place interview with PGTV that is live streaming until end of summer. Safe Kids Day on April 21st had 176 participants at the event and the 2018 Swimming Lesson List for Polk was provided. Attended Abby Grace's Hope Summer Splash with 150 participants and only a few vendors, which allowed David and Taylor to provide a lot of information and education.</p> <p>Falls Team — Developed a great survey to prioritize their action plan items. They will be reviewing the results to identify their upcoming goals.</p>
Community Health Improvement Plan Update and Finalization	<p>Taylor presented on FDOH – Polk's Community Health Improvement Plan (CHIP). Requirements for being considered for this plan are that each subcommittee will need to have a SMART objective written for their safety area. Subcommittees will also be responsible for keeping agendas, sign in</p>

	<p>sheets, and meeting minutes to report their progress on their action plans. The group unanimously agrees that they would like to become a reporting team for this plan.</p>
<p>Round table agency programs, services or events</p>	<p>Taylor and Diana invited attendees to participate in the Distracted Driving Awareness Forum at the Lakeland Regional Hollis Cancer Center on June 14th from 6:30 p.m. to 8:30 p.m. June 2, 0900-1200, LRH is having their Carol Jenkins Barnett Pavilion for Women and Children Grand Opening Celebration! Diana will be providing drowning prevention items and our CIP booklets. Festivities include a Teddy Bear Clinic, guided tours, family cooking demonstrations, yoga for expectant and new moms, games, DJ, refreshments, face painting, and more. All guests will take home special keepsakes of this momentous occasion. A welcome, benediction and several special surprises will take place beginning at 9:30 a.m. https://www.facebook.com/events/2135897583308707??ti=ia</p> <p>Taylor and Colleen are working on Black and White Infant Mortality assisting community interventions with a focus on 33805 zip code. They are searching for input from minority women. The meeting will be held on June 14 at 2pm at Lakeland Regional Health. Suggestion to look at Next Door app to possibly reach that community.</p> <p>Georgiana from Senior Helpers encourages to attend their wonderful Virtual Care, Dementia and Parkinson Training throughout the year. These are great programs and can assist with decreasing falls. The next Parkinson training will be on May 24.</p> <p>Colleen noted that Family Fundamentals will be moving to a different location by February 2019, but will keep us informed. Family Fundamentals is partnering with University of Florida to provide Cooking with Herbs on May 26 and June 21 for families. Colleen M. mentioned there is a list of classes coming up for health and nutrition. These are all open to the public. Sign up is at www.polkfcs.eventbrite.com or by calling 863-519-1041 (slyer attached).</p> <p>Alexis with Florida Presbyterian Homes has partnered with Lakeland Regional Health to provide telemedicine with their residents to decrease readmission rates.</p> <p>Diana invited attendees to take the Bleeding Control Course. The course is held twice a month, lasts about 1.5 hours, and teaches how to help control bleeding until emergency personnel arrive. Diana noted that the course is for any age and consists of a lecture and hands on training. She also noted that the course can be taught to groups in their location. To register for a course go to https://www.eventbrite.com/e/bleeding-control-basics-b-con-course-registration-40877884854.</p>
<p>CIP Leadership Changes</p>	<p>Debra Myers has resigned from her secretarial position and we wish her the best of luck on her new journey.</p>

	We are requesting a volunteer to assist us with taking the position of CIP Secretary to complete meeting minutes and possibly update the CIP Facebook page.
Next Meeting Agenda Items	Agency Spotlight — Please let Diana or Taylor know if you would like to sign up for the Agency Spotlight in May.
Next Meeting Time and Location	Tuesday, July 17 , 2018, 9:00-10:30 a.m. Breakfast Meeting at Fresco's Downtown (will resend appt. once confirmed) <i>Please continue Task Force meetings in between CIP meetings.</i>

Coalition on Injury Prevention of Polk County



Mission: Networking to provide injury prevention resources to positively impact communities, through partnerships, communication and support of community events.

Injury Prevention ~ It's Everyone's Business

Sign-in Roster for 5/15/2018 Meeting at Family Fundamentals

Initials	Name / Title	Agency	Address	Phone	E-mail
	Acevedo, David	Children's Home Society	1260 Golfview Avenue Bartow, FL 33830	863-519-3900	david.acevedo@chsfl.org
	Aguilar, Christina	Home to Stay		863-398-8160	caguilar@peaceivercenter.org
	Akwezey, Tonya	Healthy Start Coalition	650 E Davidson Bartow, 33830	863-534-9224	takwezey@healthystarthp.org
	Baker-Douglin, Jamie	Senior Connection Center	8928 Brittany Way Tampa 33619	813-675-5566	jamie.baker-douglin@sccmail.org
	Barr, Matt	Lakeland Fire Department	701 E. Main Street Lakeland	863-834-8219 863-834-8212	Matt.Barr@lakelandgov.net
	Bautz, Alexis	Florida Presbyterian Homes	16 Lake Hunter Lakeland 33803	863-577-6035	abautz@fphi.org
	Blevins, Anne	Pediatric Trauma Program Coordinator Tampa General Hospital		813-844-8012 pgr. 813-844-5164 Fax 813-844-8045	eablevins@tgh.org
	Burdette, Charles	Multiple Agency Volunteer	330 W. Wellington Dr. Lakeland, FL 33813	863-619-8127	charlieburdette@verizon.net

Initials	Name / Title	Agency	Address	Phone	E-mail
	Campion, Breanna	Polk County Fire Rescue	2470 E. Clover Lane Bartow 33830	863-344-2035	breannacampion@polk-county.net
	Crews, Annette	Polk TPO	330 w. Church Street Bartow, FL 33831		
	Davis, Julia B	Polk TPO	330 w. Church Street Bartow, FL 33831	P:863-534-6529 F:863-534-6471	juliadavis@polk-county.net
	Deardorff, Tom	Polk TPO	330 w. Church Street Bartow, FL 33831		
	Degroot, Diana	LRH Trauma Program Manager	1324 Lakeland Hills Blvd. Lakeland 33805	863-284-1853	Diana.DeGroot@myLRH.org
	Desir, Jemima D., MD	Healthcare Education Specialist	Florida Poison Information Center – Tampa	P:813-844-7982 F:813-844-4443	jdesir@tgh.org
	DeyArmin, Kathi	Hometown Homecare	811 East Main Street Lakeland 33801	863-937-9013	kdeyarmin@gmail.com
	Donnette, Yoishica	Valencia Hills Health & Rehab Center	1350 Sleepy Hill Rd. Lakeland 33810	863-858-4402 ext. 3504	shicalundy76@yahoo.com
	Dooley Simpson, Linda	Fitness and Wellness Works	6139 Christina Dr W Lakeland 33813	H:863-646-0180 C:517-256-3861	simpsonld@aim.com
	Freeman, Taylor	Florida Department of Health – Polk	1290 Golfview Ave. Bartow	863-578-2141	Taylor.Freeman@flhealth.gov
	Giraldo, Jorge	Senior Helpers	2515 Troy Ave. Lakeland, FL 33803	863-686-7333	jgiraldo@seniorhelpers.com
	Goodson, Georgiana	Senior Helpers	2515 Troy Ave. Lakeland, FL 33803	863-686-7333 c 863-670-8658	ggoodson@seniorhelpers.com
	Haight, Dan, MD	LRH VP Wellness	1324 Lakeland Hills Blvd. Lakeland 33085		daniel.haight@myLRH.org

Initials	Name / Title	Agency	Address	Phone	E-mail
	Hehn, John	Florida Presbyterian Homes	16 Lake Hunter Lakeland 33803	863-577-6033	jhehn@fphi.org
	Kennedy, Alison	Florida Presbyterian Homes	16 Lake Hunter Lakeland 33803	863-577-6022	akennedy@fphi.org
	Kistler, Susan	Volunteer	1828 Woodpointe Dr. Winter Haven, FL 33884	863-324-1873	skist51@aol.com
	Lamm, Rosemarie	RATH Center	5602 Lake Pt. Drive Lakeland	863-738-2941	rslamm1@tampabay.rr.com
	Mangan, Colleen	FDOH-Polk	1990 Golfview Ave Bartow 33830	863-578-2183	Colleen.Mangan@flhealth.gov
	Parkes, Lauren	LRH			Lauren.Parkes@myLRH.org
	Pate, Audrey	Polk County Fire Rescue	2470 E. Clover Lane Bartow 33830	863-519-7367	audrey.pate@polk-county.net
	Pizzuti, Coleen	UWCF – Family Fundamentals	1021 Lakeland Hills Blvd. Lakeland 33805	863-686-1221	coleen.pizzuti@uwcf.org
	Lamm, Rosemarie	Lakeland Vision		863-682-9660	lrodriguez@lakelandvision.org
	Sharp, Cynthia	Lakeland Police Department			Cynthia.Sharp@lakelandgov.net
	Saunders, Terri	Heartland for Children	1239 E. Main Street Bartow, FL 33830	863-519-8900 X201	TSAUNDER@heartlandforchildren.org
	Smith, Dorothy	Polk County Fire Rescue	1295 Brice Blvd. Bartow 33830	863-398-4180	dorothysmith@polk-county.net
	Swygert, Donna	StandUP Polk Prevention Coalition	621 S. Florida Ave. Lakeland, FL 33801	863-802-0777	donna.swygert@inneractalliance.org

Initials	Name / Title	Agency	Address	Phone	E-mail
	Talbot, Phyllis	Tri-County Human Services, Inc.	1811 Crystal Lake Drive Lakeland	863-701-1919	ptalbot@tchsonline.com
	Thompson, Stefanie	Alzheimer's Association-Florida Gulf Coast Chapter	520 S. Florida Ave. Lakeland	863-292-9210 Fax 688-6461	thompsons@alzfigulf.org
	Vybiralova, Petra	Johns Hopkins All Children's Hospital	Dept. 9610, Bldg. 3 501 6th Avenue South	800-756-7233 x 4	pvybira1@jhmi.edu
	Warren, Rachel	Abby Grace's Hope, Inc.	319 Delon Ct Auburndale, FL	863-412-1389	abbygraceshope@gmail.com
	Westdorp, James	Senior Helpers	2515 Troy Ave. Lakeland, FL 33803	863-686-7333	jwestdorp@seniorhelpers
	Williams, Petula	Peace River Center	1239 E. Main Street Bartow, FL 33830	863-512-3610	pwilliams@peaceivercenter.org
	Walker, Janet	Tri-County Human Services, Inc.		cell 863-712-0804	jdaywalker@tchsonline.com
GUESTS	NAME	AGENCY	ADDRESS	PHONE	E-MAIL (Please indicate Y/N if you want to receive e-mails from CIP)
					Y/N