



Polk County 2019 Swim Lesson Facilities

<i>Name and Contact Information</i>	<i>Type of Lessons Taught</i>	<i>Costs for Group Lessons</i>	<i>Membership Required?</i>
City of Bartow Sam Griner Pool 2250 S Floral Ave, Bartow 22830 863-534-0210 parks.info@cityofbartow.net	American Red Cross Class levels 1-4	\$40 per session 1 hour sessions	No
City of Haines City Lake Eva Aquatics Center 555 Ledwith Ave Haines City, 33844 863-421-3700 http://hainescity.com/179/Swim-Lessons	American Red Cross Ages 6 months to 14 years Beginner through advanced (M-Th 2 week sessions)	\$40 per session 30-45 min classes	No
City of Lakeland Gandy Pool 404 Imperial Blvd, Lakeland 33803 863-834-3157 https://www.lakelandgov.net/parkrec/what-to-do/play/aquatics	American Red Cross Beginner Level classes (M-Th 2 week Sessions)	Spring Lessons are March 18 th – 28 th at 6:00 pm \$40 per session 45 minute sessions * Summer Lessons Schedule will be out in April. Please call Gandy Pool for more information*	No
City of Lakeland Simpson Park Pool 1725 Martin Luther King Ave. Lakeland, 33810 863-834-2286 https://www.lakelandgov.net/parkrec/what-to-do/play/aquatics	American Red Cross Ages 4-15 years Beginner through advanced (M-Th 2 Week Sessions)	\$40 per session 2 week long sessions	No
City of Winter Haven Rowdy Gaines Pool 210 Cypress Gardens Blvd, Winter Haven 33880 863-291-5656 http://www.mywinterhaven.com/aquatics	American Red Cross Ages 6 months - Adult Beginner through advanced	Morning and evening sessions, M-F for 2 weeks \$35 Resident of Winter Haven \$44 Non-resident of Winter Haven	No

*For more information or to find private lessons in your area please visit Abby Grace's Hope, Inc. directory at <http://www.watersafetyandsurvival.org/swim-lessondirectory.html>

Florida Southern College 111 Lake Hollingsworth Drive, Lakeland 33801 863-680-3742 flsouthern.edu/swimlessons	American Red Cross Ages 3 years (if 100% potty trained) to Adult M-Th for 2 weeks	\$70 per session 45 min classes	No. Online Registration required.
SwimSafe with April Cox 8553 Cherry Hill Drive, Lakeland 33810 863-858-7434 Aswimsafe@aol.com (Email for questions)	American Red Cross Ages 6 months - Adult Beginner through advanced	<ul style="list-style-type: none"> • \$64 Parent & Tot Classes (30 min) • \$128 PreSchool Beginner (45 min) • \$128 PreSchool Advanced (45min) • \$128 Red Cross Level classes (45 min) 	No
Fontaine Gills Family YMCA 2125 Sleepy Hill Road, Lakeland 33810 863-859-7769 http://www.ymcawcf.org/join-the-ymca/fontaine-gills-family-y/	YMCA Progressive Swim Prog Parent & Child Preschool Youth	Please call for prices *Grants & Fee Assistance Available *Lessons offered in June and July!	No
Lakeland Family YMCA 3620 Cleveland Heights Blvd Lakeland 33803 863-644-3528 http://www.ymcawcf.org/join-the-ymca/lakeland-family-ymca/	YMCA Progressive Swim Prog Parent & Child (6 months – 3 years) Preschool (Ages 3 – 5 years) Youth (Ages 5-12 Years) Adult Private Swim Lessons Swim Team (Ages 5 – 18 years) Synchronized Swim Team (Ages 6 – 18 years)	\$55/\$65 Member (30 min lessons/45 minute lessons) \$115/\$120 Non-member (30 minute lessons/45 minute lessons) 8 week sessions *Fee Assistance Available!	No
Lake Wales Family YMCA 1001 Burns Ave, Lake Wales 33853 863-676-9441 http://www.lakewalesymca.org/lake-wales-programs/aquatics/swim-lessons/	YMCA Progressive Swim Prog Ages 6 months – 12 years Beginner through advance	<ul style="list-style-type: none"> • \$40 Member/\$60 Non-member, Parent & Child (6 months – 3 years) – T & Th 10:30 am – 11:00 am • \$50 Member/\$80 Non-member, 	No, but discounts on lessons if you are.

***For more information or to find private lessons in your area please visit Abby Grace's Hope, Inc. directory at <http://www.watersafetyandsurvival.org/swim-lessondirectory.html>**

		<p>Stages 1 & 2 – M & W 4:30 pm – 5:15 pm</p> <ul style="list-style-type: none"> • \$50 Member/\$80 Non-member, Stages 3 & 4 – M & W 5:30 pm – 6:15 pm • \$50 Member/\$80 Non-member, Stages 5 & 6 – M & W 5:00 pm – 5:45 pm 	
<p>Winter Haven Rec and Cultural Center (WHRCC) 801 Avenue T NE, Winter Haven 863-291-5675 http://www.mywinterhaven.com/whrcc.htm</p>	<p>American Red Cross Levels 1-3 *Class levels are subject to change based on participants</p>	<p>Morning sessions, M-F for 2 weeks \$35 Resident of Winter Haven \$44 Non-resident of Winter Haven</p>	No
<p>Off the Wall Adventures 2055 Shepherd Road, Lakeland 33811 863-709-9253 http://www.offthewalladventures.com/swimming/</p>	<p>American Red Cross Ages 6 years to Adult Private Lessons Offered 5 30-minute classes</p>	<p>\$150 in advance or \$35/class/week</p>	No
<p>Swim Dynamic 5825 Brannen Road South, Lakeland, 33813 863-808-0189 https://swimdynamiclakeland.com/swim-lessons</p>	<p>Swim America Program Ages 6 months to Adult Private Lessons Only *Call for questions</p>	<ul style="list-style-type: none"> • \$210 - \$225, Ages 1 – 15 years, 5 days for 20-30 minutes • \$160 - \$320 Continuing Lessons, Ages 1-15, individual lessons, 30 minutes • \$45 Single Session Refresher, Ages 1-15, individual lessons, 30 minutes • \$200 Initial Lessons, Adult, individual lessons, 45 minutes 	No

*For more information or to find private lessons in your area please visit Abby Grace's Hope, Inc. directory at <http://www.watersafetyandsurvival.org/swim-lessondirectory.html>

		<ul style="list-style-type: none"> • \$60 Additional Lessons, Adult, individual lessons, 45 minutes • \$45 Mommy & Me, 6 months – 1 year, individual lessons, 30 minutes • \$15 Mommy & Me, 6 months – 1 year, group lessons, 30 minutes, 3-4 pairs per lesson 	
<p>Semper Fish Aquatics Daniel Gay – Certified ISR Instructor 4940 Maple Drive, Lakeland, FL 33810 863-272-8304 SemperFishAquatics.com</p>	<p>ISR Survival Swim Lessons Ages 6 months – 6 years All lessons are 1-on-1 10 minutes/day, 5 days a week Most students fully skilled in 6 weeks *Please call for availability</p>	<p>\$85 per week \$15 Refresher and Maintenance lessons ISR Fees: \$105 new students \$35 returning students *Tuition assistance available – please call for details</p>	No

*For more information or to find private lessons in your area please visit Abby Grace’s Hope, Inc. directory at <http://www.watersafetyandsurvival.org/swim-lessondirectory.html>